

**Wienerschnitzel Nutrition Information
Including Tastee-Freez**

	Calories (kcal)	Fat Cal (kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)	Wheat	Soy	Peanuts	Tree Nuts	Eggs	Milk	Fish	Shellfish
HOT DOGS																							
Chili Cheese Dog	310	140	16	5	0	45	1040	32	1	4	16	600	1	140	3	X	X				X		
Chili Dog	260	100	12	3	0	30	790	31	1	4	13	450	1	60	3	X	X						
Mustard Dog	240	90	10	2.5	0	25	660	29	1	4	12	0	0	60	2	X	X						
Relish Dog	250	90	10	2.5	0	25	710	32	1	6	12	0	2	60	2	X	X						
Kraut Dog	240	90	10	2.5	0	25	820	30	2	4	13	0	5	60	2	X	X						
Deluxe Dog	250	100	10	2.5	0	25	1080	32	2	6	12	180	7	60	2	X	X						
Plain Hot Dog	240	90	10	2.5	0	25	610	29	1	4	12	0	1	60	2	X	X						
Chicago Dog	290	100	11	2.5	0	25	2590	38	2	12	13	1680	70	80	2	X	X						
Street Dog	310	140	16	4	0	30	960	31	1	6	15	70	2	60	2	X	X			X			
Junkyard Dog	410	190	21	6	0	45	1310	43	2	5	17	602	2	137	3	X	X						
Triple Cheese Double Bacon Chili Dog	700	410	46	17	0	105	3200	34	1	4	42	1192	1	306	3	X	X				X		
Bacon Ranch Chili Cheese Dog	510	290	32	10	0	70	1990	34	1	5	27	892	1	165	3	X	X				X		
Loaded Bacon Street Chili Cheese Dog	410	210	24	7	0	55	1370	35	1	5	20	964	0	157	3	X	X				X		
Plain Hot Dog Bun	140	14	1.5	0	0	0	250	28	1	4	6	0	0	60	2								
Pretzel Bun	220	15	2	0	0	0	370	43	2	3	8	0	0	20	0	X	X						
Substitute Pretzel Bun (in place of standard bun)	80	1	0	0	0	0	120	15	1	-1	2	0	0	-40	-2	X	X						
Substitute Angus All Beef Hot Dog (in place of Original hot dog)	140	117	13	5.5	1	25	260	0	0	1	3	0	-1	0	1								
Substitute Polish Sausage (in place of Original hot dog)	175	126	14	5.5	0	30	560	3	0	3	6	100	-1	60	1								
CHILI BURGERS																							
Chili Burger	320	120	14	4	0.5	55	670	28	1	3	20	450	0	60	3	X	X						
Chili Cheeseburger	370	170	18	7	0.5	70	930	28	1	3	23	600	0	140	3	X	X				X		
CHILI CHEESE FRIES & CHILI CHEESE PO'TATERS																							
Chili Cheese Fries, Regular	560	280	31	6	0	35	1380	58	5	1	13	1700	2	140	2	X	X				X		
Chili Cheese Fries, Large	1220	600	67	13	0	75	2890	127	11	1	28	60	6	30	25	X	X				X		
Meat Lovers Chili Cheese Fries, Regular	670	360	40	10	0	55	1920	58	5	1	19	35	4	15	15	X	X				X		
Meat Lovers Chili Cheese Fries, Large	1360	710	79	17	1	100	3680	127	11	1	37	60	6	30	25	X	X				X		
Bacon Ranch Chili Cheese Fries, Regular	900	590	66	19	0	70	1770	60	5	-1	16	1120	2	164	2	X	X			X	X		
Bacon Ranch Chili Cheese Fries, Large	1390	740	83	17	0	95	3630	129	11	2	35	60	6	30	25	X	X			X	X		
Blazin Chili Cheese Fries, Regular	590	290	32	6	0	35	1990	61	6	1	14	45	4	15	15	X	X			X	X		
Blazin Chili Cheese Fries, Large	1240	610	68	13	0	75	3550	130	12	2	29	70	8	30	25	X	X			X	X		
Triple Cheese Double Bacon Chili Cheese Fries, Regular	900	600	66	20	0	90	3440	39	3	1	36	1420	7	295	2	X	X			X	X		
Triple Cheese Double Bacon CCF, Large	1530	850	94	25	0	125	4580	121	11	1	52	45	6	45	15	X	X			X	X		
Chili Cheese Po'Taters, Regular	940	590	65	9	0	40	2120	75	7	1	15	30	0	15	8	X	X			X	X		
Chili Cheese Po'Taters, Large	1440	900	100	16	0	75	3480	112	10	2	26	60	0	30	15	X	X			X	X		
Meat Lovers CC Po'Taters, Regular	1050	670	75	13	0	60	2660	75	7	1	20	35	0	15	10	X	X			X	X		
Meat Lovers CC Po'Taters, Large	1810	1150	127	21	1	100	4640	131	12	2	36	60	0	30	20	X	X			X	X		
Bacon Ranch CC Po'Taters, Regular	1050	680	76	11	0	50	2540	76	7	2	18	30	0	15	8	X	X			X	X		
Bacon Ranch CC Po'Taters, Large	1840	1180	131	21	0	95	4590	133	12	3	34	60	0	30	15	X	X			X	X		
Blazin Chili Cheese Po'Taters, Regular	960	590	66	9	0	40	2550	77	8	2	15	40	2	15	10	X	X			X	X		
Blazin Chili Cheese Po'Taters, Large	1690	1040	116	17	0	75	4690	135	14	3	28	80	2	30	20	X	X			X	X		
Triple Cheese Double Bacon Po'Taters, Regular	1280	840	93	21	0	95	4050	72	7	1	39	25	0	30	6	X	X			X	X		
Triple Cheese Double Bacon Po'Taters, Large	1980	1280	142	29	0	125	5540	125	12	2	51	45	0	45	10	X	X			X	X		
FRIES & PO'TATERS																							
Fries, Small	310	140	16	1.5	0	0	510	38	4	0	4	0	1	0	0								
Fries, Medium	440	200	23	2	0	0	780	54	6	0	6	0	2	0	1								
Fries, Large	750	350	39	3	0	0	1330	92	9	1	10	0	3	0	1								
Po'Taters, Small	390	250	27	0	0	0	670	33	4	0	3	0	2	0	0								
Po'Taters, Medium	670	420	47	4	0	0	1150	56	6	1	5	0	4	0	1								
Po'Taters, Large	1110	700	78	7	0	5	1910	94	10	1	9	0	7	0	1								
SPECIALTIES																							
Corn Dog	230	120	13	3	0	40	490	21	1	6	8	0	0	45	1	X	X			X			
Mini Corn Dogs (6 pak)	300	180	18	0	0	30	570	24	0	6	6	0	0	0	0	X	X			X	X		
Mini Corn Dogs (12 pak)	600	360	36	0	0	60	1140	48	0	12	12	0	0	0	0	X	X			X	X		
Mini Corn Dogs (20 pak)	1000	600	60	0	0	100	1900	80	0	20	20	0	0	0	0	X	X			X	X		
Jalapeno Poppers (6 pak) without ranch dressing	300	150	16	5	0	20	920	31	3	3	8	210	0	105	0	X	X			X	X		
Jalapeno Poppers (12 pak) without ranch dressing	600	300	32	10	0	40	1840	62	6	6	16	410	0	210	0					X	X		
Ranch Dressing (for Jalapeno Poppers)	150	140	16	2.5	0	5	140	1	0	1	0	0	0	20	0					X	X		
Polish Sausage Sandwich	490	290	32	10	0	65	1920	38	2	3	23	210	0	250	3	X	X				X		
BREAKFAST (not available at all locations)																							
Burrito with Egg, Bacon & Cheese	370	170	19	8	0	195	1250	29	1	1	20	310	2	220	3	X	X			X	X		
Burrito with Egg, Sausage & Cheese	460	250	28	12	0	215	1100	33	1	1	19	310	2	220	3	X	X			X	X		
Biscuit Sandwich with Egg, Bacon & Cheese	490	270	30	15	0	195	1730	36	1	3	19	320	0	158	3	X	X			X	X		
Biscuit Sandwich with Egg, Sausage & Cheese	540	310	34	12	0	215	1640	40	1	4	19	320	0	140	3	X	X			X	X		
French Toast Sticks	530	260	28	3	0	5	330	61	5	11	8	0	0	50	1	X	X			X	X		
Syrup	120	0	0	0	0	0	25	31	0	21	0	0	0	0	0								
Biscuit & Gravy (not available at all breakfast locations)	390	190	21	11	0	5	1120	42	1	3	7	0	0	60	2	X	X			X	X		
Country Breakfast (not available at all breakfast locations)	680	360	40	13	4	375	1820	47	1	4	24	340	0	90	4	X	X			X	X		
Hash Brown Po'Taters (not available at all breakfast locations)	330	210	23	2	0	0	570	28	3	0	3	0	2	0	0								
Croissant with Egg, Bacon & Cheese (not available at all breakfast locations)	530	280	31	17	1	250	1260	40	1	8	21	320	15	160	3	X	X			X	X		
Croissant with Egg, Sausage & Cheese (not available at all breakfast locations)	620	360	40	21	1	270	1110	44	1	8	20	320	15	160	3	X	X			X	X		
Chili Cheese Egg Burrito (not available at all breakfast																							

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DRINKS																							
Iced Tea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0								
Coffee	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0								
Orange Juice	140	0	0	0	0	0	0	33	0	28	2	60	20	0									
2% Reduced Fat Milk	130	45	5	3	0	25	130	13	0	13	10	500	2	350	0						X		
1% Low Fat Milk	110	20	2.5	1.5	0	15	130	13	0	12	9	500	0	300	0						X		
Chocolate Milk, Low Fat (1%)	160	20	2.5	1.5	0	10	210	27	0	25	8	500	0	300	0						X		
Chocolate Milk, Protein Fortified, Low Fat (1%)	200	25	2.5	1.5	0	5	230	34	0	33	11	500	5	400	0						X		
~																							
12 oz Pepsi (without ice)	150	0	0	0	0	0	35	41	0	41	0	0	0	0	0								
12 oz Diet Pepsi (without ice)	0	0	0	0	0	0	35	0	0	0	0	0	0	0	0								
12 oz Mountain Dew (without ice)	170	0	0	0	0	0	70	46	0	46	0	0	0	0	0								
12 oz Sierra Mist (without ice)	140	0	0	0	0	0	35	39	0	39	0	0	0	0	0								
12 oz Mug Root Beer (without ice)	160	0	0	0	0	0	65	43	0	43	0	0	0	0	0								
12 oz Dr Pepper (without ice)	140	0	0	0	0	0	45	39	0	39	0	0	0	0	0								
12 oz Lipton Brisk Raspberry Iced Tea (without ice)	140	0	0	0	0	0	75	35	0	35	0	0	0	0	0								
12 oz Lemonade (without ice)	150	0	0	0	0	0	160	41	0	41	0	0	0	0	0								
~																							
20 oz Pepsi (without ice)	250	0	0	0	0	0	60	68	0	68	0	0	0	0	0								
20 oz Diet Pepsi (without ice)	0	0	0	0	0	0	60	0	0	0	0	0	0	0	0								
20 oz Mountain Dew (without ice)	280	0	0	0	0	0	115	77	0	77	0	0	0	0	0								
20 oz Sierra Mist (without ice)	230	0	0	0	0	0	60	65	0	65	0	0	0	0	0								
20 oz Mug Root Beer (without ice)	270	0	0	0	0	0	110	72	0	72	0	0	0	0	0								
20 oz Dr. Pepper (without ice)	230	0	0	0	0	0	75	65	0	65	0	0	0	0	0								
20 oz Lipton Brisk Raspberry Iced Tea (without ice)	230	0	0	0	0	0	125	58	0	58	0	0	0	0	0								
20 oz Lemonade (without ice)	250	0	0	0	0	0	260	68	0	68	0	0	0	0	0								
20 oz Strawberry Lemonade (without ice)	310	0	0	0	0	0	260	81	0	81	0	10	5	0	0								
~																							
30 oz Pepsi (without ice)	370	0	0	0	0	0	90	103	0	103	0	0	0	0	0								
30 oz Diet Pepsi (without ice)	0	0	0	0	0	0	90	0	0	0	0	0	0	0	0								
30 oz Mountain Dew (without ice)	430	0	0	0	0	0	170	115	0	115	0	0	0	0	0								
30 oz Sierra Mist (without ice)	350	0	0	0	0	0	85	98	0	98	0	0	0	0	0								
30 oz Mug Root Beer (without ice)	400	0	0	0	0	0	160	108	0	108	0	0	0	0	0								
30 oz Dr Pepper (without ice)	340	0	0	0	0	0	115	98	0	98	0	0	0	0	0								
30 oz Lipton Brisk Raspberry Iced Tea (without ice)	340	0	0	0	0	0	190	86	0	86	0	0	0	0	0								
30 oz Lemonade (without ice)	370	0	0	0	0	0	390	100	0	100	0	0	0	0	0								
~																							
40 oz Pepsi (without ice)	500	0	0	0	0	0	115	137	0	137	0	0	0	0	0								
40 oz Diet Pepsi (without ice)	0	0	0	0	0	0	115	0	0	0	0	0	0	0	0								
40 oz Mountain Dew (without ice)	570	0	0	0	0	0	230	153	0	153	0	0	0	0	0								
40 oz Sierra Mist (without ice)	470	0	0	0	0	0	115	130	0	130	0	0	0	0	0								
40 oz Mug Root Beer (without ice)	530	0	0	0	0	0	220	143	0	143	0	0	0	0	0								
40 oz Dr Pepper (without ice)	450	0	0	0	0	0	150	130	0	130	0	0	0	0	0								
40 oz Lipton Brisk Raspberry Iced Tea (without ice)	450	0	0	0	0	0	250	115	0	115	0	0	0	0	0								
40 oz Lemonade (without ice)	490	0	0	0	0	0	520	133	0	133	0	0	0	0	0								
~																							
TASTEE-FREEZ																							
Cone, Regular Plain	250	80	9	5	0	40	180	41	1	30	5	370	0	250	0	X	X					X	
Cone, Regular with Sprinkles	320	110	12	6	1.5	40	180	52	1	37	5	370	0	250	0	X	X					X	
Cone, Regular Chocolate Dipped	450	240	27	22	1	40	200	50	2	37	6	380	0	250	1	X	X					X	
Cone, Small Plain	160	45	5	3	0	25	115	27	1	18	3	220	0	150	0	X	X					X	
Cone, Small with Sprinkles	200	60	7	3.5	0.5	25	115	32	1	22	3	230	0	150	0	X	X					X	
Cone, Small Chocolate Dipped	260	130	14	12	0.5	25	125	31	1	22	3	230	0	150	1	X	X					X	
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Old Fashioned Sundae, Hot Fudge	400	150	16	10	0	55	250	63	1	51	7	490	0	330	0							X	
Old Fashioned Sundae, Chocolate	390	130	14	8	0	55	250	64	2	52	7	490	0	330	0							X	
Old Fashioned Sundae, Strawberry	370	120	14	8	0	55	220	59	1	49	7	490	2	330	0							X	
Old Fashioned Sundae, Caramel	400	130	14	8	0	55	250	66	1	54	7	500	0	330	0							X	
~																							
Mini Sundae, Hot Fudge	200	70	8	5	0	25	130	33	1	26	3	230	0	160	0							X	
Mini Sundae, Chocolate	180	50	5	3	0	25	135	34	1	28	3	230	0	150	0							X	
Mini Sundae, Strawberry	170	45	5	3	0	25	105	30	1	25	3	230	2	150	0							X	
Mini Sundae, Caramel	200	50	6	3	0	25	135	36	1	30	3	240	0	160	0							X	
~																							
Shake, Chocolate	700	220	24	14	0	105	510	117	3	96	14	1045	0	696	0							X	
Shake, Strawberry	700	220	24	14	0	105	470	116	3	95	14	1045	0	695	0							X	
Shake, Vanilla	700	220	24	14	0	105	470	116	3	96	14	1045	0	695	0							X	
~																							
Mug Root Beer Float	440	110	12	7	0	55	290	83	1	73	7	530	0	350	0							X	
~																							
Freeze, Oreo	630	220	24	13	0	90	480	99	3	76	13	900	0	600	1	X	X					X	
Freeze, M&M	630	230	25	14	0	95	420	99	2	80	13	900	0	600	0							X	
Freeze, Reese's Peanut Butter Cup	630	240	26	14	0	90	460	97	3	78	14	920	0	610	0			X	X			X	
Freeze, Chocolate Covered Strawberry	980	500	56	46	2	85	420	120	5	99	13	850	7	560	2			X				X	
~																							
Banana Split (not available at all locations)	820	220	24	10	0	65	340	148	8	122	13	590	16	390	2			X				X	
~																							
<p align="center">Wienerschnitzel attempts to provide nutrition and allergen information that is as complete as possible. Seasonal, regional, and limited-time items are not included. The information is based on standard product offerings. Variations may occur depending on local supplier, region of the country, season of the year, and customer requests. Nutritional values are based on USDA Standard Reference values, information from our suppliers, and the Genesis R&D Nutrition Analysis Program from ESHA Research in Salem, Oregon.</p>																							